



Danny Pettry's

Independent Education Program

Email: Danny@DannyPettry.Com

Thank You . . . for choosing
Danny Pettry's Independent Education Program
for your continuing education needs.

Notice: You most often get out of home study education what you put into it.

Course Outline

Course Topic

Helping techniques: making a difference through serving others

Therapeutic Recreation Knowledge Area

Foundation knowledge: concepts of health and human services

Clock Hours of Continuing Education

Five (5) contact hours or 0.5 CEUs

Please note that 10 contact hours is equal to 1.0 CEUs.

Course Goal

The participant is to increase awareness, ability, and skills of helping techniques.

Course Objective

Participant will read Kottler (2000) *Doing Good: Passion and Commitment for Helping Others* and demonstrate an understanding of helping techniques as evidenced by scoring at least a 70% score or better before the end of the one-year course timeframe.

Required Text:

Kottler, J. (2000). *Doing good: passion and commitment for helping others*. Philadelphia, PA: Brunner-Routledge.

Book Store:

The required text can be purchased from Danny Pettry's online bookstore affiliated with Amazon: <http://astore.amazon.com/dannypettry-20>

Contact Information

Course Instructor:	Danny W. Pettry, II, MS, CTRS
Office:	107 Albert Avenue Beckley, West Virginia 25801-2001
Office Hours:	Hours vary. Contact Danny by email or phone.
Email:	Danny@DannyPettry.Com
Phone:	304.412.4065
Online:	http://www.DannyPettry.Com

Course Requirements: What you'll need to do to complete this course:

1. Read the required reading listed above.
2. Review the study guide shown on the next page of this course outline
3. Take the online exam and earn at least a 70% score or better. You can re-take the exam as often as needed within a one-year timeframe.

Go to this link to take your exam:

<http://www.dannypettry.com/dp3helptx.html>

You should be able to click on the link above to open it.
Click "allow."

FAQ: What if my computer does not allow me to click on the exam link above? You can type the link in your browser.

4. **Print the results page as proof of completion.**

FAQ: What if I don't have a printer? Send an email to Danny@DannyPettry.Com after completing the course with your name, address, and course completed, and title of the course and one will be sent to your email address.

Study Guide for the Online Exam

There have been cases where people have sacrificed their life in order to help others, such as Nazi Party member Oskar Schindler, who saved nearly 12,000 Jews during the Holocaust. This act could have put Oskar at risk for serious consequences. Evolutionary theorists argue that people make these sacrifices to help others:

What are the motives for helping others according to Kottler (2000) chapter 3?

Besides a pure altruistic motive, some people become helpers for which of the personal reasons, according to Kottler (2000), chapter 4:

The self-fulfilling prophecy, also known as the Pygmalion Effect, is a social psychology theory that a prediction either directly or indirectly comes true as a result of the prediction (Wikipedia online). Kottler (2000) in chapter 5, *what matters most*, argues to:

Which of the following was not a personal characteristic of an altruistic personality according to Kottler (2000, p. 69 - 70.)

Kottler (2000) identified which of the following sources of stress for helpers, in chapter 6, *the price paid*:

Kottler (2000) identified which of the following ways to deal with job related stress, in chapter 8, *where can you go next?* (p. 111).

Kottler (2000) argued that “play and fun are an integral part of helping” and that the helper should keep a sense of humor, in chapter 8, *where can you go next?*

Kottler (2000) suggested that helpers should read inspirational memoirs or biographies, in chapter 8, *where can you go next?* (p. 119).

According to Kottler (2000) the helper makes a difference through, which of the following (p.122)

Instructor Bio

Danny Pettry is a Certified Therapeutic Recreation Specialist (CTRS). Pettry has a Master of Science degree in Therapeutic Recreation from Indiana University, Bloomington, Indiana and a Bachelor of Science degree in Park Resources and Leisure Services with an emphasis in Therapeutic Recreation from Marshall University, Huntington, West Virginia.

Pettry has provided recreation therapy services for children between the ages of 7 to 13 on who are in treatment for abuse and reactive behaviors since 2003. Pettry has also worked for in-patient skilled nursing and psychiatrics in Recreation Therapy for three Huntington, West Virginia facilities: Woodlands Retirement, HealthSouth Rehab, and St. Mary's Hospital.



Mr. Danny Pettry, II

Pettry has been an active and good-standing member of the American Therapeutic Recreation (ATRA) since 2000. He won the Peg Connolly Scholarship to the 2004 national conference in Kansas City. He was awarded an advocate of the year in 2005 by ATRA for outstanding efforts with the Recreational Therapy – Medicare Project. He served on the Peg Connolly scholarship committee in 2007 and 2008. Pettry is also an active member of the West Virginia Therapeutic Recreation Association (WVTRA) branch of ATRA.

Pettry has provided in-services throughout the state of West Virginia on:

- What is Recreation Therapy and the Importance of the Medicare Project
- How to Lead Group Activities for Diversion: training for technicians.
- Discovering the Secrets to Enjoying Work
- Teambuilding Workshops
- Writing Functional Outcome Goals
- The Therapeutic Benefits of Journaling

Important Notice

As with any continuing education agency, The National Council for Therapeutic Recreation Certification (NCTRC) does not pre-approve any continuing education courses for re-certification. All of the continuing education programs designed by Danny

Pettry follow the job analysis knowledge areas set by NCTRC, including:

- a. Foundation knowledge
- b. Practice of Therapeutic Recreation/ Recreational Therapy
- c. Organization of Therapeutic Recreation/ Recreational Therapy Services; and
- d. Advancement of the Profession

The Registered Nurses Board does pre-approve continuing education programs.

DannyPettry.Com is an approved provider of continuing education activities:

Nursing WV 2007-0520RN.

For additional information regarding pre-approval status, contact the RN Board:

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