



Danny Pettry's

Independent Education Program

Email: Danny@DannyPettry.Com

Thank You . . . for choosing
 Danny Pettry's Independent Education Program
 for your continuing education needs.

Notice: You most often get out of home study education what you put into it.

Course Outline

Course Topic:	USING PERSON CENTERED THERAPY
TR Knowledge Area:	Foundation Knowledge: PERSON CENTERED THERAPY
Clock Hours:	FIVE (5) HOURS or (0.5) CEUs Notice 10 hours = 1.0 CEUs
Course Goal:	To understand the concepts needed for using person centered therapy
Course Objective:	The student will demonstrate awareness of person centered therapy approaches as evidenced by scoring at least a 70% or higher on the course examination based on Roger's Person-Center Therapy book before the end of the course.
Required Reading:	Rogers, C. (1977). <i>Carl rogers on personal power: inner strength and its revolutionary impact</i> . Delacorte Press: New York.
Required Movie:	Sant, G. (Director), Damon, M. (Writer), & Affleck, B. (Writer). (1998). <i>Good will hunting</i> . [Motion picture]. United States: Miramax
Bookstore:	The required text can be purchased from Danny Pettry's online bookstore at the link below: http://astore.amazon.com/dannypettry-20

Contact Information

Course Instructor:	Danny W. Pettry, II, MS, CTRS
Office:	107 Albert Avenue Beckley, West Virginia 25801-2001
Office Hours:	Hours vary. Contact Danny by email or phone.
Email:	Danny@DannyPettry.Com
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Course Requirements: What you'll need to do to complete this course:

1. Read the required reading. This is listed in the outline above.
2. Take the required exam for the course and pass with at least a 70% score or better. The online exam link should have been included in your email with this outline. Email Danny@DannyPettry.Com if you need the link to take your exam.
3. Print out the page that says "Passed" as proof of the continuing education units that you've earned. Put the form in a safe place so that you'll have it when it is time for re-certification. Don't have a printer – don't worry. There is a place on the course evaluation form that you can check to have a certificate of completion mailed to you.
4. Complete the course evaluation form. This is required. You will be automatically redirected to the course evaluation form once you complete the online exam.

Study Guide for the Online Exam

1. According to Rogers (1977) the responsibility of change belongs in the hands of:
 - a. The therapist
 - b. The patient

2. According to Rogers (1977) person centered therapy focuses on treating:
 - a. The problem
 - b. The person

3. According to Rogers (1977) person centered therapy attempts to:
 - a. Control the life of the patient
 - b. Free the patient to become independent and self-directing

4. According to Rogers (1977) the therapist needs to:
 - a. Demonstrate a professional front for the patient
 - b. Be real and genuine with the patient

5. According to Rogers (1977) client change is more likely if the therapist:
 - a. Uses unconditional positive regard and accepts the patient despite mistakes
 - b. Pressures the patient with guilt in order to bring about change.

6. In the movie Good Will Hunting (1998) the therapist played by Robin Williams is genuinely interested in helping.
 - a. True
 - b. False

7. In the movie Good Will Hunting (1998) the math professor attempts to:
 - a. Control the boy (played by Matt Damon) into taking on career in math.
 - b. Attempts to encourage the boy to follow his dreams

8. In the movie Good Will Hunting (1998) the therapist played by Robin Williams:
 - a. Attempts to force the boy (the patient played by Matt Damon) to speak.
 - b. Leaves the control in the hands of the boy (the patient played by Math Damon) to make the next move.

9. In the movie Good Will Hunting (1998), which character displayed a person centered approach:
 - a. The acclaimed math professor
 - b. The therapist played by Robin Williams

10. According to Rogers (1977) a person will have an increase in constructive behavior if the therapist is real, understanding, caring, and leaves the responsibility of change with the patient.

Instructor Bio

Danny Pettry is a Certified Therapeutic Recreation Specialist (CTRS). Pettry has a Master of Science degree in Therapeutic Recreation from Indiana University, Bloomington, Indiana and a Bachelor of Science degree in Park Resources and Leisure Services with an emphasis in Therapeutic Recreation from Marshall University, Huntington, West Virginia.

Pettry has provided recreation therapy services for children between the ages of 7 to 13 on who are in treatment for abuse and reactive behaviors since 2003. Pettry has also worked for in-patient skilled nursing and psychiatrics in Recreation Therapy for three Huntington, West Virginia facilities: Woodlands Retirement, HealthSouth Rehab, and St. Mary's Hospital.



Mr. Danny Pettry, II

Pettry has been an active and good-standing member of the American Therapeutic Recreation (ATRA) since 2000. He won the Peg Connolly Scholarship to the 2004 national conference in Kansas City. He was awarded an advocate of the year in 2005 by ATRA for outstanding efforts with the Recreational Therapy – Medicare Project. He served on the Peg Connolly scholarship committee in 2007 and 2008. Pettry is also an active member of the West Virginia Therapeutic Recreation Association (WVTRA) branch of ATRA.

Pettry has provided in-services throughout the state of West Virginia on:

- What is Recreation Therapy and the Importance of the Medicare Project
- How to Lead Group Activities for Diversion: training for technicians.
- Discovering the Secrets to Enjoying Work
- Teambuilding Workshops
- Writing Functional Outcome Goals
- The Therapeutic Benefits of Journaling

Important Notice

As with any continuing education agency, The National Council for Therapeutic Recreation Certification (NCTRC) does not pre-approve any continuing education courses for re-certification. All of the continuing education programs designed by Danny

Pettry follow the job analysis knowledge areas set by NCTRC, including:

- a. Foundation knowledge
- b. Practice of Therapeutic Recreation/ Recreational Therapy
- c. Organization of Therapeutic Recreation/ Recreational Therapy Services; and
- d. Advancement of the Profession

The Registered Nurses Board does pre-approve continuing education programs.

DannyPettry.Com is an approved provider of continuing education activities:

Nursing WV 2007-0520RN.

For additional information regarding pre-approval status, contact the RN Board:

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