



## Danny Pettry's

Independent Education Program

Email: [Danny@DannyPettry.Com](mailto:Danny@DannyPettry.Com)

*Thank You . . . for choosing*  
 Danny Pettry's Independent Education Program  
 for your continuing education needs.

**Notice:** You most often get out of home study education what you put into it.

### Course Outline

<b>Course Topic:</b>	Evidenced-based practice in recreational therapy
<b>TR Knowledge Area:</b>	Practice of RT/TR: Evidenced-based practice
<b>Clock Hours:</b>	(1) One Clock Hour or 0.1 CEU
<b>Course Goal:</b>	To increase awareness the importance for evidenced based practice.
<b>Course Objective:</b>	Student will be knowledgeable of evidenced-based practices as evidenced by scoring at least a 70% score or better on 10-question quiz based on two online readings from professional journals on the topic of evidenced-based practices.

<b>Required Readings:</b>	<p>Corrigan, P.W., Steiner, L., McCracken, S.G., Blaser, B. &amp; Barr, M. (2001). Strategies for disseminating evidenced-based practices to staff who treat people with serious mental illness. <i>Psychiatric Services</i>. 52(12), 1598-1606.  <b>Available free online:</b>  <a href="http://psychservices.psychiatryonline.org/cgi/content/full/52/12/1598">http://psychservices.psychiatryonline.org/cgi/content/full/52/12/1598</a></p> <p>Drake, R.E., Goldman, H.H., Leff, H.S., Lehman, A. F., Dixon, L., Mueser, K.T., et al. (2001). Implementing evidence-based practices in routine mental health service settings. <i>Psychiatric Services</i>, 52(2), 179-182.  <b>Available free online:</b>  <a href="http://psychservices.psychiatryonline.org/cgi/reprint/52/2/179.pdf">http://psychservices.psychiatryonline.org/cgi/reprint/52/2/179.pdf</a></p> <p>The Therapeutic Recreation Directory Online provides additional links to help professionals to find research to support practice. Go to this link:  <a href="http://www.recreationtherapy.com/research.htm">http://www.recreationtherapy.com/research.htm</a></p>
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### **Contact Information**

<b>Course Instructor:</b>	Danny W. Pettry, II, MS, CTRS
<b>Office:</b>	107 Albert Avenue Beckley, West Virginia 25801-2001
<b>Office Hours:</b>	Hours vary. Contact Danny by email or phone.
<b>Email:</b>	<a href="mailto:Danny@DannyPettry.Com">Danny@DannyPettry.Com</a>
<b>Online:</b>	<a href="http://www.DannyPettry.Com">http://www.DannyPettry.Com</a>

**Course Requirements: What you'll need to do to complete this course:**

1. Read the required reading. This is listed in the outline above.
2. Take the required exam for the course and pass with at least a 70% score or better. The online exam link should have been included in your email with this outline. Email [Danny@DannyPettry.Com](mailto:Danny@DannyPettry.Com) if you need the link to take your exam.
3. Print out the page that says "Passed" as proof of the continuing education units that you've earned. Put the form in a safe place so that you'll have it when it is time for re-certification.
  - a. Please note that DannyPettry.Com does not mail certificates for FREE courses. All paid for course have the option to receive a certificate by mail if you do not have a printer.
4. Complete the course evaluation form. This is required. You will be automatically redirected to the course evaluation form once you complete the online exam.

**Study Guide for the Online Exam**

1. What is evidenced based practice?
  - a. Hint: (Drake et al., 2001)
2. What is true evidenced-based practice grounded in?
  - a. Hint: (Drake et al., 2001)
3. What are the three types of research according to: The Agency of Health Care Policy?
  - a. Hint: (Drake et al., 2001)
4. What type of interventions should a professional select?
  - a. Hint: (Drake et al., 2001)
5. Why is it important to use evidenced-based practice?
  - a. Hint: (Drake et al., 2001)
6. What is one problem with treatment teams responsible for assisting people with serious mental illnesses according to Corrigan et al., 2001?
7. What are two barriers that are stopping professionals from using evidenced based practices?
  - a. Hint: (Corrigan et al, 2001)
8. What is the purpose of treatment manuals?
  - a. Hint: (Corrigan et al., 2001)
9. What type of education/ training program is best at promoting evidenced based practice in the workplace?
  - a. Hint: (Corrigan et al, 2001)
10. Good leadership in an organization can help disseminate evidenced based practice. Which two leadership skills have been shown to be most effective according to research?
  - a. Hint: (Corrigan et al, 2001)

## **Instructor Bio**

**Danny Pettry** is a Certified Therapeutic Recreation Specialist (CTRS). Pettry has a Master of Science degree in Therapeutic Recreation from Indiana University, Bloomington, Indiana and a Bachelor of Science degree in Park Resources and Leisure Services with an emphasis in Therapeutic Recreation from Marshall University, Huntington, West Virginia.

**Pettry** has provided recreation therapy services for children between the ages of 7 to 13 on who are in treatment for abuse and reactive behaviors since 2003. Pettry has also worked for in-patient skilled nursing and psychiatrics in Recreation Therapy for three Huntington, West Virginia facilities: Woodlands Retirement, HealthSouth Rehab, and St. Mary's Hospital.



Mr. Danny Pettry, II

**Pettry** has been an active and good-standing member of the American Therapeutic Recreation (ATRA) since 2000. He won the Peg Connolly Scholarship to the 2004 national conference in Kansas City. He was awarded an advocate of the year in 2005 by ATRA for outstanding efforts with the Recreational Therapy – Medicare Project. He served on the Peg Connolly scholarship committee in 2007 and 2008. Pettry is also an active member of the West Virginia Therapeutic Recreation Association (WVTRA) branch of ATRA.

**Pettry** has provided in-services throughout the state of West Virginia on:

- What is Recreation Therapy and the Importance of the Medicare Project
- How to Lead Group Activities for Diversion: training for technicians.
- Discovering the Secrets to Enjoying Work
- Teambuilding Workshops
- Writing Functional Outcome Goals
- The Therapeutic Benefits of Journaling

### **Important Notice**

As with any continuing education agency, The National Council for Therapeutic Recreation Certification (NCTRC) does not pre-approve any continuing education courses for re-certification. All of the continuing education programs designed by Danny

Pettry follow the job analysis knowledge areas set by NCTRC, including:

- a. Foundation knowledge
- b. Practice of Therapeutic Recreation/ Recreational Therapy
- c. Organization of Therapeutic Recreation/ Recreational Therapy Services; and
- d. Advancement of the Profession

The Registered Nurses Board does pre-approve continuing education programs.

**DannyPettry.Com is an approved provider of continuing education activities:**

### **Nursing WV 2007-0520RN.**

For additional information regarding pre-approval status, contact the RN Board:

101 Dee Drive, Suite 102, Charleston, WV 25311-1620

Tel: 304.558.3596 or 877.743.NURS (6877) Fax: 304.558.3666